

### <u>Criteria 3- Research, Innovations and</u> <u>Extension</u>

#### 3.4 – Extension Activities

**3.4.3** Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., ( including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. )and/or those organised in collaboration with industry, community and NGOs during the last five years.





#### ADDITIONAL SKILL ACQUISITION PROGRAMME

#### 2018-2019

As every other year of excellence ASAP 2018-2019 also turned out to be a fantabulous one in assuring the organisation and execution of visionary activities inside and outside the campus , which yielded far reaching results. The year homed in activities which focussed on areas like Anti drug awareness programme. Nature protection awareness programme, water conservation awareness project, English communication and professional skill enhancement sessions. Sessions were designed in a way that sharpen the creative competencies and confidence of students enrolled. As usual activities got unleashed with the reception of first year students. The forum arranged anti drug awareness programme under the name 'SAY NO TO DOPE', where students were made to take anti drug pledge. Another marked attempt was a nature study camp held at palakkayam thattu which is a lush green location rich in flora and fauna. The major malayalam news paper published a report on the same. A session on 'COMMUNICATION AND ATTITUDE FOR PROFESSIONAL SUCCESS' by Ms.Zehra naqvi Ali was a much acclaimed project of the ASAP S.E.S forum during the year .The most important landmark of the year was an awareness project on water conservation



'LET'S TOGETHER QUENCH THE THIRST', which educated the local community on different aspects like rain water conservation, water recharging etc...



COMMUNICATION SESSION ON COMMUNICATION AND ATTITUDE FOR PROFESSIONAL SUCCESS



'SAY NOPE TO DOPE' ANTI DRUG AWARENESS PROGRAMME





'LET'S TOGETHER QUENCH THE THIRST' WATER CONSERVATION AWARENESS PROJECT



HAPPY IN THE LAP OF NATURE







#### NATIONAL SERVICE SCHEME

(S.E.S COLLEGE SREEKANDAPURAM)



# EXTENSION ACTIVITY REPORT

# (2018-19)





#### PUSTHAKA THOTTIL (October 2, 2018)

Sharing knowledge is the first step humanity. As a part of Gandhi Jayanthi celebration NSS Volunteers donated around 100 books to A.K.G Library, Pathinaramparambu.



#### PALLIATIVE TRAINIG CAMP

One day palliative training camp was organised to the NSS Volunteers by Samaritan Pain and Palliative Care unit at Samaritan Home, Chengalayi. The class was handled by K.T Jose, Kannur Palliative Trainer.









#### FLAS MOB

Drug abuse poses a serious threat to societal harmony. To generate an anti- drug consciousness among the young generation, a flash mob was conducted by the NSS Volunteers in collaboration with the Excise Dept. Sreekandapuram.



#### OLD AGE HOME VISIT

NSS Volunteers organised a visit to Theresa Bhavan, an Old Age Home at Vembua. They offered a helping hand to the senior citizens. NSS Volunteers washed their clothes and cleaned rooms premises of the building. Volunteers hosted cultural programs and distributed cake and sweet.













#### WE ARE READY (WAR) FORM

NSS Volunteers of SES College registered to WAR group. The forms were handed over to Mr. Raghu k Sub inspector of police Sreekanadapuram by Dr. Dominic Thomas, College Principal.









#### PALLIATIVE CARE DAY CELEBRATION

SES College actively Participated in the Palliative Care Day Celebration held on 15th. January 2019. The Programme was organised by Samaritan old Age Home and Palliative Care Centre.







#### **SAHYOLSAVAM**

Some of the NSS Volunteers participated in a. Publicity campaign of sahyolsavam 2k19 organised by kudumbasree Jilla Mission. A stall of LED Bulb was set as part of Sahyolsavam 2k19.







#### 2018-2019

#### Santwanam - A visit to old age home

On 26th July 2018, the second year B.Com students and two faculties of the Department Ms. Jasna P. and Ms. Sreya R. visited an orphanage near Payyavoor 'Teresa Bhavan'. It was a nice experience for the students. Some students presented cultural programmes for the inmates. On that date, teachers and students had lunch with them. The inmates shared their life stories and experiences in the 'Bhavan'. It was an emotional experience to our students, teachers and the inmates in that place.





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# YEARY REPORT 2018-2019

# NATIONAL CADET CORPS

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#### FLOOD RELIEF at WAYANAD

The monsoon had severely hit many areas in Wayanad district. As part of the flood relief activities, NCC cadets of SES College Sreekandapuram organized a visit to those areas on 20th August, 2018. With the amount collected from their locality, Cadets prepared kits which included rice, soap, spices, etc.and were distributed to some families over there. Cadets came forward to clean up 2 houses and also visited 2 camps. Caretaker ANO Preju.k.paul and SUO Maidini Mohan along with other seniors coordinated the program.





Dr. DOMINIC THOMAS

#### **OLD AGE HOME VISIT**

NCC cadets of SES College Sreekandapuram visited 'Karunalayam', old age home on 30<sup>th</sup> November,2018. It was a graceful moment for the cadets to share their love and joy with the grandfathers and grandmothers. Caretaker Preju.K Paul along with SUO.Maidini Mohan and other seniors coordinated the program. The institution head Fr.Benny Puthenadda thanked everyone for taking up such an initiative. Cadets participated in cultural programs and it was a pleasurable experience to them. As part of this, the cadets performed some cultural programs there. The program proved to be a success as it brought a beautiful smile on the faces of grandfathers and grandmothers. The cake cutting session at 'Karunalayam' was very good. The institution head Fr.Benny Puthenadda congratulated the NCC units of SES College for conducting such a great program.







Dr. DOMINIC THOMAS Principal S.E.S. COLLEGE SREEKANDAPURAM

#### **BLOOD DONATION**

NCC cadets of SES College Sreekandapuram conducted a blood donation camp in collaboration with District hospital, Kannur on 20th November 2018. College principal Dr. Dominic Thomas congratulated the cadets for conducting such a camp. The camp was open for all. Those who wanted to donate blood came forward. There was an awareness class for the cadets. District hospital authority thanked the NCC and college for conducting such a great activity.







Dr. DOMINIC THOMAS Principal

S.E.S. COLLEGE SREEKANDAPURAM